



# KIM LINCOLN

Walking the Star; 9 Keys of Manifestation



**"It is letting go to embrace  
the love that is your  
*essence*. Beloved."**  
**KIM LINCOLN**

Dear Companions on the Path,

Globally we are experiencing monumental change touching every area of our lives and the life of our planet. We are at the edge of extinction-transformation. Letting go of what no longer serves the greater good of all and are now more deeply aware without question how interconnected we are.

We are being summoned en masse – in a body as a whole, to show up as fully integrally as possible. The change begins within us. Each one of us; asking ourselves, "what does inclusion require of me?" and "what and where and how do I create separation?"

This and other questions will set the theme for our discussions, explorations, and holistic integrative meditations. As each person attends to what is theirs to be with, the resulting quality of essence spreads throughout the group benefitting all. The culminating positive effect is transformational. Transforming ourselves - and in so doing, others and our world benefit and change too.

Knowing yourself, mastering your inner wisdom, manifesting your fuller potential, and illuminating the Light from within you are the natural effects of this way.

Soul Café offers a live space to practice and grow our potential as essential hu-man-beings. To join our community the Walking the Star course offers an online orientation to 9 facets of our lives guided through a basic map for reconnecting us to our True Self which supports living more wholly.

Welcome to Soul Café – where you will discover and engage your practice with others.

Soul Café is an on-going live online community of practitioners.

We meet the 4th Friday of each month, 3:00-5:00 pm PST.

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